



WORKSHOP ON ULTRASONOGRAPHIC PAIN MEDICINE 2019

DEVELOPING PASSION FOR LEARNING

19th and 20th OCTOBER 2019

**INTERNATIONAL CADAVERIC HANDS-ON WORKSHOP ON USG GUIDED
PAIN MEDICINE**

Organized By

Department of Physical Medicine and Rehabilitation

And

Department of Anatomy

All India Institute of Medical Sciences

Jodhpur, Rajasthan, India

Highlights

- International and national faculty
- Live demonstration of sonographic anatomy
- Cadaveric hands on in pain injection techniques
- Hands on training program on USG guided minimally invasive surgery
- Enhance your skill in ultrasound guided injections for musculoskeletal pain condition
- Direct interaction with renowned faculty
- Small groups of 6-8 participants.

Limited registrations on "first come first serve" basis

Delegate Category	Registration Tariff
Indian	INR 20,000/-
Foreign	US \$1000/-

REGISTRATION WILL OPEN SOON

Program Schedule

Venue: Department of Physical Medicine & Rehabilitation

Registration

8:00 am - 8:20 am

Inauguration ceremony

8:20am - 9:00 am

9:00 am – 10:00 am

Shoulder sonoanatomy

Long head of Biceps, Rotator cuff muscles and RC interval, GH and AC joint, SASD bursa, Supra-scapular nerve, Axillary recess and Dynamic evaluation.

10:00 am – 11:00 am

Elbow, wrist and hand sonoanatomy

Lateral and Medial epicondyle, Cubital tunnel, Elbow joint, Olecranon recess, Carpal tunnel, Median nerve, Ulnar nerve, Dorsal compartments of hand and wrist, IP and MCP joints.

11:10 am – 12:10 pm

Hip and gluteal sonoanatomy

Hip joint, Greater trochanteric complex, IT band, Cluneal nerve, Pudendal nerve, Ischial bursa, Piriformis and Sciatic nerve, Hip Genicular nerve.

12:10 am – 01:10 am

Knee sonoanatomy

Menisci, Collateral ligaments, Retinaculum, Supra patellar recess, muscle and tendons, Bursa, Tibial nerve, Genicular Nerve.

Lunch (45 minutes)

01:55 pm – 02:55 pm

Ankle and Foot sonoanatomy

Tibiotalar/Subtar/Talonavicular/MTP/IP joint, Achillis tendon, Retrocalcaneal and Retroachillis bursa, Tarsal tunnel, Plantar fascia and other muscles and ligaments.

02:55 pm – 03:55 pm

Peripheral nerve sonoanatomy

Greater Occipital Nerve, Intercostal Nerve, Ilioinguinal/iliohypogastric Nerve, Lateral Femoral Cutaneous Nerve, Saphenous Nerve, Supra and Infra orbital nerve, Mental nerve, Pterygopalatine fossa

03:55 pm – 04:55 pm

Head and cervical region sonoanatomy

Atlanto-occipital/Atlanto-axial/Cervical facet joint, Cervical Medial branch, 3rd Occipital nerve, Cervical nerve roots, Stellate ganglion, and Superficial Cervical plexus.

04:55 pm – 06:55 pm

Dorso-lumbar sonoanatomy

Thoracic/Lumbar facet joint, Thoracic/Lumbar medial branches, Thoracic Paravertebral Area, Caudal epidural space, SI joint, Ilio-psoas and Quadratus lumborum

06:55 pm

Tea and closure of day 1

Day 2 Program: Sunday 20th October, 2019

Ultrasound Hands on Cadaveric Workshop

Department of Anatomy, AIIMS, Jodhpur

Station 1 - 08:00 am – 09:00 am

Cadaver supine-shoulder, elbow

Rotator Cuff Interval Injection, Bicipital Tendon Sheath Injection, AC Joint and SASD Bursa.

Station 2 - 09:00 am – 10:00 am

Cadaver supine-elbow and wrist

Elbow joint, tennis/golfer's elbow, Carpal tunnel, Trigger finger, Guyon's canal, de Quervain's, Wrist/MCP and IP joint.

Station 3 - 10:00 am – 11:00 am

Cadaver lateral- shoulder and face

Glenohumeral Joint, Supra-scapular Nerve, Temporo Mandibular Joint, Pterygopalatine Fossa, Auriculo-temporal Nerve.

TEA BREAK (10 MINUTES)

Station 4 - 11:10 am – 12:10 pm

Cadaver lateral-cervical and shoulder

Medial Branch, Cervical Nerve Root Block, Stellate Ganglion Block, Third Occipital Nerve, Superficial Cervical Plexus.

Station 5 - 12:10 pm – 01:10 pm

Cadaver prone-cervical

Atlanto-Occipital/Atlanto-Axial/Cervical Facet Joint, Greater And Lesser Occipital Nerve Block.

LUNCH (40 MINUTES)

Station 6 - 01:50 pm – 02:50 pm

Cadaver prone- thoracic and lumbar spine

Lumbar/Thoracic Facet Joint, Medial Branch Block, Caudal Epidural Block, Intercostal Nerve Block, Ilio-Psoas/Quadratus Lumborum block and Cluneal Nerve Block.

Station 7- 02:50 pm – 03:50 pm

Cadaver supine-hip

Hip Joint, Trochanteric Bursa, Ligaments, Obturator Nerve, Ilio-Psoas Bursa, , Pubic Symphysis and Hip Genicular Nerve

Station 8 - 03:50 pm – 04:50 pm

Cadaver prone-hip, knee and Ankle

Piriformis Block, SI Joint injection, Ischial/GT Bursa, Pudendal Nerve Block, IT Band, Achilles Tendon, Plantar Fascia, Retrocalcaneal And Retroachillis Bursa.

Tea break (10 minutes)

Station 9 - 05:00 pm – 06:00 pm

Cadaveric supine: knee and ankle

Knee Genicular Nerve Block, Tibial Nerve Block, Pes Anserine Bursa, Knee Ligaments, Knee /Tibiotalar/Subtalar Joint Injection.

Station 10 - 06:00 pm – 07:00 pm

Cadaver supine-peripheral nerve blocks

Ilioinguinal/Iliohypogastric Nerve Block, Lateral Femoral Cutaneous Nerve Block, Saphenous Nerve Block, Supra and Infra Orbital Nerve Block, Mental Nerve Block.

07:00 pm

Vote of thanks, Tea break, Workshop closure

07:30 pm

Gala Dinner (Pool Side)

ORGANIZING COMMITTEE

DR NITESH M GONNADE

DR RAVI GAUR

DR GOVIND SINGH

DR VAIBHAV LOKHANDE

DR RAMBEER

DR SHARAD KEDIA

DR MINHAI AKHTAR

DR SATYASHEEL SINGH ASTHANA